

NGCI MENU

The meals on the menu are made with ingredients which **do not** contain gluten or wheat. If you have an allergy or food intolerance please speak to a team member before you order your food or drink.

If you'd like to find out more about our menu and allergy information please visit allergies.marstons.co.uk.

†Items that may be fried in non-dedicated NGCI fryers. Please ask a member of staff for more information.

STARTERS

Pawn Cocktail

400

Prawns with tangy seafood sauce and lettuce. Served with Genius™ bread and butter.

Soup of the Day

V

400

Ask for today's flavour. Served with Genius™ bread and butter.

Mexican Nachos

V

🌮

Loaded with melted Cheddar cheese, guacamole, salsa, sour cream and jalapeños.

Ⓜ️ When served without Cheddar cheese, guacamole and sour cream.

Buffalo Wings

British Red Tractor chicken wings coated in a kickin' Buffalo sauce.

Crispy Potato Skins†

Filled with cheese and bacon and served with sour cream and a salad garnish.

Ⓜ️ When served without the bacon.

Giant Mediterranean

Cheese Bite†

V

400

An oozing mozzarella cheese slice with a slow roasted tomato, red pepper and basil crumb coating with a hint of chilli. Served with a salad garnish and a salsa dip.

Jackets

With a salad garnish and butter.

Plain

V

Cheddar Cheese and

Baked Beans

V

Tuna Mayo

SALADS

All our salads are served on a bed of mixed leaves with cucumber slices, red onion, and red pepper. Drizzled with extra virgin olive oil.

Chicken and Bacon

500

Strips of roast chicken breast and bacon.

Honey BBQ Chicken

500

Strips of roast chicken breast coated in a honey BBQ sauce.

Grilled Halloumi

V

600

Slices of grilled halloumi and red pepper with a sweet chilli sauce.

PUB CLASSICS

For all of our dishes, we've suggested our favourite accompaniments, but if you'd prefer something else just ask.

Hunter's Chicken

Roasted chicken breast topped with bacon, BBQ sauce and melted Cheddar cheese, with chips† and a side salad.

Deep South

Roasted chicken breast marinated in Cajun spices, with chips† and a side salad.

Ⓜ️ When served without the chips and with a larger salad.

All Day Breakfast

Two pork sausages, a rasher of bacon, two free range fried eggs, half a grilled tomato, baked beans and chips†.

CURRIES

Served with rice, mango chutney and a poppadom†.

Chicken Tikka Masala

Spiced tomato and onion flavoured sauce with a hint of coriander.

Vegetable Jalfrezi

V

🌶️

Roasted potatoes, red onion and red and green peppers in a Jalfrezi sauce.

Ⓜ️ When served without the poppadum.

Beef Madras

🌶️🌶️🌶️

A fiery tomato-based sauce, flavoured with coconut and aromatic spices.

Chicken Pathia

Roasted chicken breast marinated in Kashmiri masala paste and covered in a spicy tomato sauce and a bay leaf.



⊕ Add poppadoms† and dip

BIG EATS

MEGA All Day Breakfast

Four pork sausages, two rashers of bacon, two free range fried eggs, half a grilled tomato, baked beans and chips†.

MEGA Mixed Grill

A mighty feast consisting of a chicken breast, 8oz rump steak, 8oz gammon steak, two pork sausages, a free range fried egg, half a grilled tomato, peas and chips†.

MEGA Rump Steak

Two 8oz rump steaks cooked to your liking. Served with chips†, half a grilled tomato and garden peas.

MEGA Melt Stack

An 8oz gammon steak topped with BBQ sauce and melted Cheddar cheese, stacked with a chicken breast and topped with even more BBQ sauce and cheese. Served with chips† and garden peas.

SANDWICHES

All served on Genius™ bread with chips†.

Tuna Mayo Melt

Tuna mayo and melted Cheddar cheese.

Cajun Halloumi

Slices of Cajun marinated halloumi with fried peppers and onions.

Honey BBQ

Pieces of roast chicken breast coated in a honey BBQ sauce with lettuce.

Cheddar Cheese & Onion

Grated Cheddar cheese and red onion.

Chicken and Bacon Club

Chicken, crispy bacon, mixed leaves, tomato and mayo.

FANCY A SIDE?

Salad Bowl

VE

Genius™ Bread and Butter

V

Chips†

VE

TOP YOUR CHIPS



Top your chips with:

Cheddar Cheese

V

Beans 'n' Cheese

V

Skinny Showstopper

Naked Beef Burger

400

Served without the bun and chips†, with a side salad instead.



GRILLS

All served with chips †.

Gammon Steak

An 8oz gammon steak topped with a choice of a free range fried egg or pineapple, with garden peas.

Mixed Grill

Half a chicken breast, 4oz rump steak, 4oz gammon steak, a pork sausage, a free range fried egg and half a grilled tomato.

STEAKHOUSE

Steaks cooked to your liking, served with half a grilled tomato, garden peas and chips †.

8oz Sirloin

8oz Rump

10oz Rib Eye



Top if off

Peppercorn Sauce

Fried Egg

Skinny Steaks

under 600 calories



Go skinny - ditch the chips and peas for a side salad.

Skinny Sirloin 600

Skinny Rump 600

LITE BITES

Ham and Eggs 700

Slices of honey roast ham with chips † and two free range fried eggs.

Hunter's Chicken 700

Half a chicken breast topped with bacon and loaded with BBQ sauce and melted Cheddar cheese, with chips † and a salad garnish.

4oz Gammon Steak 700

Topped with a choice of a free range fried egg or pineapple, with chips † and garden peas.

Sausage and Mash 600

Three pork sausages on a bed of mash with garden peas and a jug of gravy.

SUNDAY

Served with fresh broccoli and carrots, peas, roast and mashed potatoes and unlimited gravy.

Roast Beef

ALSO AVAILABLE TO GO LARGE

Half Roast Chicken

SUNDAY SIDES

ROAST POTATOES VE

CHEESY MASH V

EXTRA VEG VE

DESSERTS

Chocolate Fudge Cake V

Goosey and chocolatey, served warm or cold with vanilla flavour ice cream.

SUNDAES

Honeycomb Sundae V

Vanilla and honeycomb chocolate swirl flavour ice creams with pieces of Cadbury® Crunchie, toffee sauce, cream and a sugar curl wafer.

HAVE A GIANT VERSION

Rocky Road Sundae

Chocolate and vanilla flavoured ice creams with marshmallows, chocolate sauce and cream, finished with a Cadbury® Flake.

HAVE A GIANT VERSION

VEGAN MENU

MAINS

Button Mushroom

Bourguignon Pie VE

Herbed-flecked vegan suet pastry with a rich chunky button mushroom, shallot and red wine filling, topped with a flaky puff pastry. Served with chips, carrots and peas.

Moving Mountains™ Burger VE

All leaf no beef! The famous meat like burger... made with plant-proteins, mushrooms, coconut oil, beetroot, herbs and spices. Topped with BBQ jack fruit and served with chips.

Vegetable Jalfrezi VE

Roasted potatoes, red onion and red and green peppers in a jalfrezi sauce. Served with rice.

Lentil and Vegetable Lasagne VE

Lentil and vegetable ragu topped with a béchamel sauce, layered with pasta. Served with garlic bread and a side salad.

400 When served without garlic bread and with a larger salad.

BBQ Cauliflower Wings VE 250

Cauliflower florets coated in a smoky BBQ batter with a hint of spice. Served on a bed of mixed leaves with cucumber slices, red onion, and red pepper. Drizzled with extra virgin olive oil.

STARTERS AND SHARERS

Buffalo Cauliflower Wings VE

Florets of cauliflower coated in a smoky BBQ batter coated in a Kickin' Buffalo sauce.

Mexican Nachos VE

Topped with salsa and jalapeños.

Crispy Potato Skins VE

Filled with BBQ Jackfruit and served with a salad garnish.

Garlic Bread VE

DESSERTS

Raspberry Jam Donut Pudding VE

Sweet dough layered with fruity raspberry jam and finished with a cinnamon sugar glaze. Served with vegan vanilla flavoured ice cream.

Bramley Apple Pie VE

A slice of good old pie, served warm with vegan vanilla flavoured ice cream.

Vegan Sundae VE

Three scoops of vanilla flavoured ice cream drizzled with raspberry sauce.

VE Suitable for Vegetarians or Vegans or Vegetarian or Vegan option available.

VE We cannot guarantee that our vegetarian or vegan ingredients have been cooked in dedicated fryers.

If you have a food allergy please let us know before ordering.

Full allergy information is available at the bar or visit allergies.marstons.co.uk

Allergy advice - All food is prepared in a kitchen where nuts, gluten and other allergens could be present and our menu descriptions cannot include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available at allergies.marstons.co.uk. V Suitable for vegetarians or vegetarian option available. VE Suitable for vegetarians or vegans or vegetarian or vegan option available. VE We cannot guarantee that our vegetarian or vegan ingredients have been cooked in dedicated fryers. †Items that may be fried in non-dedicated NGCI fryers. Please ask a member of staff for more information. 350 400 500 600 700 800 Calorie counts are for guidance only and are based on the complete dish as listed on the menu, excluding any additional seasoning or sauces that may be added by the customer. Portion sizes may vary from the quantity on which the calculations have been based, therefore values may not be identical to those served in a particular pub. 1oz = 28.3g. All weights are approximate prior to cooking. Offers cannot be used in conjunction with any other promotion. Photography is for illustrative purposes only.